

# **EPHESUS MITE HENGA PAUL LEKHA THOT**

*Christa a pankhomna*

*Jesu Christaa gou ichan ding u aloupi jal'a  
akiloma hinna!*

*Ephesus lekhabu sung thu umdan*

Ephesus Lekhathot hin ihin-lonau ajeh asunin ahi. Hiche lekhatot sunga hin akhang akhanga mihon ana thudoh bol jingu, “Hikoma (vannoiya) hi ipi bol dinga uma kahim?” ti adonbutna hin nalung atijatsah thei ahi. Nalunglut em? Lekhabu hi nangmatah in kisimin. Pathen to kilhon khomna thudol ipat pan bep'u ahin, chule hichu eiho phattou cheh chehna ding hung hiding ahiti, het angaiye. Hiche lekha thot sim'a kon hin Solchah Paul in ihinau kihetdohna le Pathen ngailutna chang ihu kimudohna inei diu hi alung gon ahi. Nangman Pathen ami hina le ami ngailutna nachunga hi atepibei ahiti, nahin mudoh ding ahi (Ephesia 1:17-23; 3:15-21). Hijeh chun Solchah Paul to kithokhomin Christa'a gou kichaitih umlou ahaona'a Pathen houkhomna jaoding in eiseipeh uve (Ephesia 3:8).

Solchah Paul in Ephesus lekhatot ajihna-a hin Christa tahsan jouse Lhagaova kipumkhat hina ding thua vetsahna jatchom chom eipeuve ti, mudoh theijin aum in ahi.

*Lekha thot jihpa chule ajih kum*

Solchah Paul in AD 60-62 don'a Rome khopia songkul atan laiya ajih ahi.

*Koi henga ajih ham?*

Hiche lekhatot hi Solchah Paul'in Asia gamkai hop'a cheng, adeh'a Christian ho henga akhopiu-Ephesus mun'a umho dinga ajih ahi. Ephesus khopi hi milim houna munpi (Asia sung pumpia dinga Diana pathen'u houna in) kisahna'a chu numei hougut noti, mi sangkhat um-uva ahi. Chujongleh Pathen ngaisahlou chihna ngailuho thuhil holeh lhagao kipui lamvaina doile ai-choi tamna khopi ahi. Hijeh'a chu Paul hin atahsan thahho hi Christa to kipumkhat hina le mithah ahina akihetdiu deina'a hiche lekhatot hi anajih ahi.

<sup>1</sup> Hiche lekhatot hi Pathen lunglama Christa Jesu solchah, Paul, a kon ahi. Keiman Pathen mithengte ho Christa Jesua tahsan umtah'a anung juiya pang Ephesus a umho henga kajih ahi. ✧ <sup>2</sup> I-Pau Pathen le Pakai Jesu Christa chun nangho lungsetna le cham-lungmon napeu hen.

*Christa jal'a lhagao vangbohna*

<sup>3</sup> I-Pakaiyu Jesu Christa Pachu vahchoina jouse chang hen: Ajeh chu eiho Christa to hingkhoma ihitah jeh uvin, Ama chun eiho hi van munhoa lhagaolam phattheina tinchenga eiphatthei boh u ahi. <sup>4</sup> Aman vannoi leiset asem masanga jong Pathen in eingailut uva chule Christian atheng dinga eina lhendoh uva chule Amitmua sukhel beihela eikoivu ahitai. <sup>5</sup> Pathen in

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✧ **1:1** Act 18:19-21; 19:1

Ama insung mi hidinga Ahenga eipuiyu hi Jesu Christa jal'a chapa lamthua eisem theina dinga alung gonsa le alunglhaina tah ahiye. <sup>6</sup> Hiti chun lungsetna loupitah Achapa a angailutna ichunguva ahin sunlhahtah jeh in Pathen chu ivahchoiyun ahi. <sup>7</sup> Ama mihepina le lungset themna a haotah ahina jal a Aman ichonsetnau ngaidam channa le Achapa thisan a ichamlhatnau manbeiya achohdoh ahitai. ✧ <sup>8</sup> Aman Amihepina hi chihna le hetkhen themna jousea ichunguva ahin lhunsah ahitai. <sup>9</sup> Pathen in tua hi Christa chung chang thua, atohgon thuguh chu alunglhaina tah a asuhbulhit got eiho henga aphondoh ahitai. <sup>10</sup> Chule hiche atohgon chu: Aphatcha Aman ijakai Christa thuneina noiya vana hihen leichunga hijongleh ahin umkhomsah sohkei ding ahitai. <sup>11</sup> Chukalval'in, eiho Christa toh hingkhoma ihitah jeh uvin, eihon Pathena gouchan ding ineitauve, ajeh chu Aman amasanga einalhensau ahitan, chule Aman ijakai atohgonsa dungjuiya ahin tohdoh sohkei ahitai. <sup>12</sup> Pathen in analunggon umsa chu, eiho Judah mite hin, Christa a tahsan masate ihi jaluva Pathen chu vahchoina le loupina ipeh theina dinga ati ahi. <sup>13</sup> Chule tun chidang namdang nanghotah in jong, thutah, Pathen in nahuhingnau Kipana Thupha thu chu naja tauve. Chule nanghon Christa natahsan uva chu Aman Amaa te nahinau nahetpeh nauva Lhagao Theng chu napeh u ahi; hichu Aman masangpeh a anathutepsa ahitai. <sup>14</sup> Lhagao chu Pathen in anathutepsa igoulo dinga chu ahi atia chule

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✧ 1:7 Col 1:14

hichu aman amite hidinga eina chohdohsau ahitai. Hichu eihon Ama ivahchoiyuva chule loupina ipehtheina dingu ahiye.

*Chihna le hetna dinga taona*

<sup>15</sup> Keiman nangho Pakai Jesu tahsanna a nahat'u chule muntina Pathen mite nangailutnau thudol kanajah a pat chun, <sup>16</sup> Keiman nangho jal'in Pathen thangvahna tanglou hel'in kaneiyin, nangho dingin katao jingin ahi. <sup>17</sup> I-Pakaiyu Jesu Christa Pa loupitah chun lhagaolama chihna le lunggila mu gilna napeh uva, hitia nangho Pathen nahet nauva nakhantou theina dingu ahi. <sup>18</sup> Nangho nalungsungu chu vah'in alonvuh dima hitia chu nanghon khonunga kinepna loupitah, akouho peh dinga akitepna chu nanei theina dinguva katao ahi. Aman amite chu itobang tah a haona le loupina goulo ding apeh ham ti kageldoh sah nom nahiue. <sup>19</sup> Chule kataona jong hi Ama tahsan hon Pathen thaneina ichangeiya len a ham ti nahetdoh theina dingu ahiye. Hiche hi chuche thahatna chungnung chun, <sup>20</sup> Christa chu athi lah a kona akaithouva chule Pathen khut jetlam jabolna'a Van mun'a chu atousah ahitai. ✧ <sup>21</sup> Tua hi Ama avaihoma, athuneiya, athaneiya, alamkaiya ahilouleh ipi dang hijongleh hiche vannoti sehseh a bou hilouva, amavang vannoti ahung umnalai chungu jong hinalai ahi. <sup>22</sup> ✧ Pathen in thil ijakai Christa thuneina noiya akoiya chule houbung phatchomna dinga thil jouse chungu aluchanga atun ahitai. ✧ <sup>23</sup> Chule houbung chu atahsa

ahin, hichu Christa in ijakaiya Amaa adimsah a, abulhinsah a achamkimsah ahitai. Thina a kon hinna

## 2

<sup>1</sup> Nangho khatvei chu nasei ngailounau le nachonset nau tamtah jeh a athia nahi tauve.

✧ <sup>2</sup> Nangho vannoti mite adang chengse tobanga chu chonset a hing nahiuva, Diabol thua nana-nunu ahin, akimulou vannoti thuneiho thununna noiya uma nanahiue. Amahi Pathen thua nunglou ho lungsunga natonga lhagao chu ahi.

<sup>3</sup> Eiho jouse hitia chu ihin jiu anahin, tahsaa ilungtup hou le ichonsetnau lung ngaichat ho chu juiya inahiu ahi. Eiho ihinau ngaiya chu midang dang ho tobanga eiho jong Pathen lung-hanna noiya uma inahitauve. <sup>4</sup> Hinlah Pathen hi khotona a haotah ahijeh in, chule Aman eingailut lseh jeh uvin, <sup>5</sup> Eiho ichonset jeh uva athia inahi jeng vangun, Aman Christa chu athia kona akaithou tah jeh in, hinna chu Aman eipeh u ahitai (Nangho hi Pathen lungsetna jal'a bou huhhing nahiu ahi). <sup>6</sup> Ajeh iham itileh Aman eiho thinaa konin Christa to eikaithou tha tauvin, chule Amatoh vanmunhoa eitousah tauve, ajeh chu eiho Christa Jesu to hingkhoma ihitauve.

<sup>7</sup> Hitia chu Pathen in ahunglung ding khanghoa alungsetna atepibei haosatna chu avetsahna a chule ichunguva hepina chu eiho jouse dinga athilbol jouse chu Christa Jesua eimusah u ahitai.

<sup>8</sup> Nanghon natahsan pet uva chu Pathen in alungsetnaa nahuhingu ahitai. Chule nanghon

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✧ **2:1** Col 2:13

hichu nakithangatpi theiyu ahipoi, Pathena kona thilpeh khat ahiye. <sup>9</sup> Huhhingna hi thilpha iboldoh jaluva tohman'a eikepeuva ahipoi, hitia hi i-lah uva koima akisonpia aumlouna dinga ahi. <sup>10</sup> Ajeh iham itileh eiho Pathen khutsoh ihiuve. Aman eiho Christa Jesua athah a eisemu hi, Aman masanga pat a eiho dinga atohgon thilphaho chu iboldoh theina dingu ahi.

*Christa jal'a tipum khat*

<sup>11</sup> Nangho chidang namdang ten gampam mi nahiu sumil hih un. Nangho hi chep kitanlou Pathen tahsanlou tia Juda miten nakouvu ahi, acheptanu kisonpia neiya, hichun atahsauva bou amelchihna uma, alhagaovu vang hilou ahi. <sup>12</sup> Chucho laiya chu nangho Christa beiya nana hin'u ahi. Nangho Israel namsung mia kona khendoh a pamse nahiu ahin, chule nanghon Pathen in amahoto akitepnaho chu nana hepouve. Nangho hiche vannoiya hi Pathen neilou le kinepna neilouva nahinu ahi. <sup>13</sup> Hinlah tua hi nangho Christa Jesu to nahin khomu ahitai. Khatvei chu Pathena kona gamlatah nahiu ahin, tuavang hi Christa thisan jal'a Ama koma kipui naiya nahi tauve. <sup>14</sup> Ajeh iham itileh Christa chun eiho henga cham-lungmon ahinpoh lut ahitai. Aman Juda-mite le chidang namdangte kikhah a kikhenna daltan abanglai a panga chu Atahsa tah a thingpel chung a khat a agopkhomsoh ahitai. <sup>15</sup> Athina a kon chun aman chidang namdangte hoptha lou hiche chonna dan ho chu achaina asem ahitai. Aman hiche abollo na ajeh chu Judahte le chidang namdangte

kikah a kichamna umсах a anamniuva kona mithah khat semdoh ding ati ahi. ✧ <sup>16</sup> Aniuva chu tipum khat a agop khomtheina dinga Christa chu aniuva dinga thingpel a thia, chujala chu namthah asemdoh a, chule aniu kah a kitomona chu asuhmang ahitai. ✧ <sup>17</sup> Aman hiche kichamna thupha chu Amaa kona gamlatah a um chidang namdang mi nangho henga, chule anailama um Juda-mite henga ahin lhut ahitai. ✧ <sup>18</sup> Tua hi eiho jouse hi Christan eibolpeh u ahitah jeh a, hiche Lhagao Theng vanga chu Pa henga ihungtheiyu ahitai. <sup>19</sup> Hitia chu tua hi chidang namdangmi nangho hi kholgam mi le gampam mi hitalouva, Pathen mithengte jouse toh agam mi hina naneikhom'u ahitai. Nangho Pathen insungmi chu nahi tauve. <sup>20</sup> Akigoma eiho hi Ama in chu ihuvin, solchah ho le themgao ho bulphuna a chu kisadoh a ihuive. Inninga songpia panga chu Christa Jesu Amatah ahi. <sup>21</sup> Eiho chingtheitah a Amato kijopmat a ihuvin, Pakai dinga hou-in theng khat ihuive. <sup>22</sup> Ama vanga chu chidang namdang nangho jong Pathen in a-Lhagaova chenna in'a anei chu nahi tauve.

### 3

#### *Vannoi chidang namdang tedinga Paul natoh*

<sup>1</sup> Hicheng jouse hi, Christa Jesua sohchang Paul keiman chidang namdang nangho phatchomna ding kagelna ahi. <sup>2</sup> Gah ngaito dia kiloma chu, Pathen in alungsetna homjal dinga mopohna keima eipeh hi chidang namdang nangho henga

ahinlhut ahi naheuvin ahi. <sup>3</sup> Keiman agom-lama kanajihna a, Pathen in athuguh alunggon chu keima eihetsah ahitai. <sup>4</sup> Keiman kajihsa nasimuva kon chun, Christa a hiche tohgon thua kahetgil dan hedoh theitauvin nate. ✧ <sup>5</sup> Hiche hi khangmasa ho'ah Pathen in ana phongdoh pon, hinla tun a Lhagao jal in Aman asolchah thengho le themgao ho henga hiche hi ahin phong dohtai. <sup>6</sup> Chule hiche hi Pathen lunggon ahi: chidang namdangle Juda mite Kipana Thupha tahsan Pathen chate ho chun ahaona gou chu kibangchet a chang ding ahiuve. <sup>7</sup> Aniuva chu tipum kibang ahigel uvin, chule aniuva phattheina thutep chu chang gel ahinau hi Christa Jesua ahi jal jeh u ahi. <sup>8</sup> Keima Pathen mite lah a imacha hiloupen hijeng jongleng, Aman Christa a gou kichaitih umlou chidang namdangho seipeh dinga alunggon chu lungset mana keima heng ahinlhut ahitai. <sup>9</sup> Keima hi hiche thuguh tohgon um chu mitin seipeh dinga eikilhengdoh ahin, Pathen ijakai sempa chun, atil abula pata aguh a akoisa ahitai. <sup>10</sup> Hicheho jousea Pathen lunggon chu houbung mangcha a, chihna a van munhoa ahaona chu mutheilou vaipo hole athuneiho jouse henga phondoh ding ati ahi. <sup>11</sup> Hiche hi tonsot'a atohgon ahin, hichu Christa Jesu i-Pakaiyu jal'a atohdoh ding ahi. <sup>12</sup> Christa jal leh Ama itahsan jal uva, tua hi eiho lungngamtah leh kisongtah a Pathen angung ilut theiyu ahitai. <sup>13</sup> Hijeh chun, hiche munakeima chungthu kikholnaho jehhin lunglha hihbeh un. Nangho jeh a keiman

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✧ 3:4 Col 1:26,27



kagimthoh hi nanghon sahtah nahiuh kihet un.

*Pathen mingailutna hetding*

<sup>14</sup> Hicheho jousehi kagel chun, keima kadilsun, Pa henga kataovin ahi. <sup>15</sup> Ama hi vanchunga hihen, leiset chungu hijongleh ijakai sempa ahi. <sup>16</sup> Keima kataona chu ahileh, aloupina, aLhagao Theng a kona aman nangho sunggila kona thahatna beiti neilouva napeh dingu hi ahi. <sup>17</sup> Chutengleh Christa chun Ama natahsan jaljeh uva nalungsung uva achen theina ding ahi. Pathen ngailutna a chu najung khouva chule nahatdohna dinguvin thuhtah in kivuilut un. <sup>18</sup> Chule nanghon Pathen mite jousen anei dingu ahibangin, tahsan theina thaneina chu neiyun–Angailutna chu ichan geiya len a, saova, sang a, chule thuh a hitam! <sup>19</sup> Nanghon Christa ngailutnahi tepkha teiyun! hiche hetch-eting chu hetjoujai hihih jong leh. Chutengleh hinkho bulhingset pum chule Pathena kona thilboltheina puma nakisem pilhing diu ahi. <sup>20</sup> Tun loupina jouse chu, athilbol theina hattah a kona isunguva natong'ah, ithumu ahiloule igel'u kalval a hetjoujai hilou subulhit thei, Pathen a hita hen. <sup>21</sup> Houbung sungu chule Christa Jesua chun akhang khangin, atonsot tonsot'in loupina ama a hijing taken, Amen.

## 4

*Lhagaova pumkhat hina*

<sup>1</sup> Hichejeh chun, Pakai kinbolna a sohchang keiman, Pathen in nakouvu ahitah jeh in, nakikounau totoh in chonun tia nakomuva katao

ahi. <sup>2</sup> Phatseh in kineosah un chule lungneng un. Khat chu khat chungah thoh hat'un, nangailutnau jaljeh in khat in khat sukhelna a kihepito cheh un. ✧ <sup>3</sup> Lhagaova pumkhat hina dingin kiseh un, khatle khat chamna in kikankhomun. <sup>4</sup> Ajehchu nangho hi khonunga loupina kinem'a kikou nahi bangun, tipum khat ahin chule Lhagao jong khat ahi. <sup>5</sup> Pakai khat, tahsan khat chule baptize chan khat bou ahi, <sup>6</sup> Chule Pathen khat le Pachu imajouse chung vum'a uma ahin, chule imajousea uma ahiye. <sup>7</sup> Hiti chu hijongleh, Aman eiho khat cheh hi manbei thilpeh aguntah chu, Christa hongphalna jal in, eipecheh uvin ahi. <sup>8</sup> Hijeh chun Pathen Thubun aseiyin, "Ama achung sanglama akaltou chun, sohchang ho apuiyin chule Amite chu manbei thilpeh ho ape-in ahi," akiti. ✧ <sup>9</sup> Melchih in, "Ama akaltou chun" kiti hi: Hiche hin Christa chu vannoi anoinung lama gakumsuh a ahi tina jong ahi. <sup>10</sup> Chule Ama agakumsuh a chu vanho jouse sanga jong sang joa kaltouva ahi, hitia chu Aman vannoi pumpi hi Amatah in adimsetsah ahije. <sup>11</sup> Tun hiche ho hi Christa in a houbung dinga manbei thilpeh'a apeh ahi: Solchah ho, Themgao ho, Evangelist ho, Pastor ho chule Mihil ho ahiuve. <sup>12</sup> Amaho amopohnau chu Pathen mite chu Pathen natohna a pang ding chule Christa tipum, houbung chu sahdohna dinga ahi. <sup>13</sup> Hiche hi eiho ibonchauva chutobang tahsanna a kipumkhat a chule Pathen chapa hetna lama Pakaiya ipilhin theina dinguva, Christa a

idimuva chule chamkimna a ichejompeh theina dingu ahi. <sup>14</sup> Chutengleh eiho chapangho banga pilhing louva iumlou dingu ahitai. Eiho hi thuhil thah hui hung nung tobanga hung ho chun eimut lonle le lou dingu ahitai. Eiho hi mihon jouva eihin dohabol tenguleh thutah banga chingth-eitah a aseidingu ahi. <sup>15</sup> Chusangin, eihon thutah chu ngailutna neiyin seiyu hite, imalam jousea khangtouva Christa (Houbung Luchang), Atipum (Christa tahsa) dinga ihitheina dingu ahi. <sup>16</sup> Aman atipumpi chu chamkim keiya asuhto sohkei ahi. Tibah hon ama ama kin hoitah a akibolcheh uva ahileh hiche hin tibah dang jong akhantousah ahi, hitia chu tipumpi chu damthei le khangtouva chule ngailutna dimset hiji ahi. ✧

### *Christa jal'a hinkho thah*

<sup>17</sup> Pakai thuneina'a hiche hi kasei ahi: chidang namdangho bolngai bangin bol tahih un, ajeh chu amaho tah kinepna beiya lungnohphah bep ahiove. <sup>18</sup> Alunggelu muthim lhangkhal kihah ahin, amaho Pathen in hinkho afehna uva konin akihei mangun, Pathen in amaho afeh u lungthim chu akhahchah un chule Ama dounan alungu atahsah cheh un ahi. <sup>19</sup> Amahon jachat lamjong ahépouve. Amaho tahsa lung ngaichatnan ahingugin chule thenlouna lamjousea akipeugin ahi. <sup>20</sup> Hinlah hichu Christaa kona nakihilu ahipoi. <sup>21</sup> Nanghon Jesu thu najah u ahitan, chule Amaa kona thutah chu kihil'a nahi tauve. <sup>22</sup> Nachonset luyi chonna le masang nahinkhou thenlouna lungngaichat le

doha lhahna chu pailhauvin. ✧ <sup>23</sup> Chusangin, Lhagao chun nalunggel ule ngaitonau suthahjo hen. <sup>24</sup> Na chonnau athah Pathen limtobangpu-chonpha tahbeh le atheng chu kivonun. ✧ <sup>25</sup> Hijeh chun jousei pailha tauvin. I-heng le ikom ho henga thutah chu seitau hite, ajeh chu eiho jouse hi tipum khat a chu jaova ihisoh keiyuve. ✧ <sup>26</sup> Chule chonset sodohna lunghan chun nathunun datauhen. Nalunghan pet pum in nisa kilhumkhum sah hih un. ✧ <sup>27</sup> Ajehchu lunghan na hin Diabol dinga pansatna apeh ahi. <sup>28</sup> Gucha nahileh, guhchat ngajengin. Chusang chun, nakhutteni chu thilpha na hatohnan mangchan, chujouteng angaichaho chu hongphaltah in pen. <sup>29</sup> Paongeilou le thuphalou seihih in. Nasei chasun chu apha le aphachom ding hihen, hitichun nathusei ngaiho dinga kitilkhouna sohdoh hen. <sup>30</sup> Nahinkho mandan u chu Pathen Lhagao Theng lung himosahna hidahen. Aman Amaa mong monga lhatdamna nikhoa nangho huhhing nachanna dinguva namelchih u ahitai. <sup>31</sup> Lungdam louna jouse, lungsat, lunghan, thungeilou sei, chule seiset oimona, chule chonchan phalou jouse chu paimang un. <sup>32</sup> Chusangin, khat le khat kilungsetto cheh un, lungnengun, khat le khat kingaidam touvin, Christa in nangho nangaidam banguvin ngaidamun. ✧

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✧ **4:22** Col 3:9    ✧ **4:24** Col 3:10; Semtilbu 1:26    ✧ **4:25**  
Zechariah 8:16    ✧ **4:26** Labu 4:4    ✧ **4:32** Col 3:13

*Khovah chate bang in chon un*

<sup>1</sup> Hijeh chun imalam jousea nabolnauva Pathen umchan jomun, ajeh chu nangho Ama deilhen chate nahiuve. <sup>2</sup> Ngailutna dimset hinkho manguvin, Christa in avetsahna nung chu juiyun. Aman eingailut uva, chule Amatah hung kikatdoh a Pathena dinga gimnamtuiya kipedoh a ahitai. ✧ <sup>3</sup> Nalah uva jon-thanhoina, thenlouna, ahilouleh chipset umdahen. Hito-bang chonsetnaho hin Pathen mite lah a mun aneipoi. <sup>4</sup> Phatchomna bei thusim seiho, ngolhoi thusei, alamlouva totnaho-hiche ho hi nangho hi na ahipoi. Chusangin, Pathen thangvahna sohjo hen. <sup>5</sup> Nahet chet diuva pha chu-jonthanhoi, thenlouna, ahilouleh michipse ho Christa le Pathen Lenggam lutlou ding ahIUve. Ajeh chu michipse kiti hi milim hou ahin, hiche vanoi thil hohi pathena anei ahitai. <sup>6</sup> Hiche chonset hoa kithemchan ho dohan lhahih hel un, ajeh chu Pathen lunghan chu Ama seingailou ho jouse chungu chuding ahi. <sup>7</sup> Hiche mihon thil abol nauva hin jao hihbeh in. <sup>8</sup> Ajehchu nangho khatvei chu muthim lhangkhal kihchleu lah a uma nanahiuvin, hinla tun nanghon Pakaiya kona vah chu naneiyu ahitai. Hijeh chun vahmite hin'in hinguvin. <sup>9</sup> Ajehchu hiche vah nasung uva kona hungvah doh chun apha le adih chule thutah ahin hindohsah ding ahi. <sup>10</sup> Pakai lunglhaina ipi ahi chu chingtheitah in holdoh un. <sup>11</sup> Phatchomna bei agiloupa le muthim natoh hoa chun pan lahii un, chusangin sosal jouvin.

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✧ 5:2 Potdohbu 29:18; Labu 40:6

12 Pathen ngaisahlou hon guhthima athilbol hou hi gahsei dinga jong jachat umtah ahi. 13 Hinlah amaho lungput phalou chu achungu vah'in ahinsal tengleh kilangdoh ding ahi. 14 Ajehchu vah'in ijakai atahlang ding ahi. Hichejeh a hi hitia hi kiseiya ahi, “Vo ihmumil, athilah a konin thoudoh in, chule Christa in nangma nasalvah ding ahi.” 15 Hijeh chun itobang hinkho mang nahu chingtheyyun. Mingol ho tobang'in hinkho mang hih un, achingho tobang'in hing jouvin. 16 Tulai nikho phaloulah a hin phat kijenpet cha hi mang themun. ☆ 17 Lung geltoh louvin chon hih un, hinla Pakaiyin ipi nabol dinguva adei chu hedoh un. 18 Lengpitwi don khamhih un, ajeh chu hichun nahinkhou amahthah sah ding ahi. Chusangin, Lhagao Thenga dimset un. 19 Vahchoina la ho le Pathen houna la chule lhagaolam laho nangma ho lah a sauin, chule nalunggilun Pakaiya tunging tothon sauin. ☆ 20 Chule imalam jousea Pa Pathen chu IPakaiyu Jesu Christa minin thangvah un.

### *Pasalho le ajiteu*

21 Chule akalvalin, Christa jana jal in khat chu khat thua kitulut'un. 22 Jinumeiho, Pakai thua nung tobang'in najipa teu thu thun nung. ☆ 23 Ajehchu jipa khat chu Christa Houbung luchang ahi tobanga jipa chu ajinu dinga aluchang ahi. Ama hi Atahsapum, hichu Houbung Huhhingpu chu ahije. 24 Houbung Christa thua nung ahibangin, hitobangma chun

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☆ 5:16 Col 4:5 ☆ 5:19 Col 3:16,17 ☆ 5:22 Col 3:18; 1 Pet 3:1

jinumeiho jong najipa teu thunoiya imalam jousen umun. <sup>25</sup> Chule nangho Ji pasal hon, Christa in Houbung angailut tobang chun, najinu teu chu ngailuvin. Aman amanu dinga ahinkho apeh'a ☆ <sup>26</sup> amanu chu athen'a chule angimsel na dinga Pathen Thule baptize kibol'a kona asilngim ahi. <sup>27</sup> Hiche aman abol hi amanu hi Amaa dinga Loupifah Houbung chu ahia anenlai, ahilouleh akohlai, ahilouleh adang nolna theimun um-louna dinga abol ahi. Chusanga, amanu hi athengle nolna bei hiding ahije. <sup>28</sup> Hitobangma chu, jipa tehon jong ajinuteu chu atahsau banga angailut dingu ahi. Ajehchu mihem khat ajinu ngailua chun amatah kingailua ahi ti avetsah e. <sup>29</sup> Christa in a-Houbung avettup tobang chun koiman ama tahsa ahotbol ngaipoi, chusangin avah jingin chule avetup jinge. <sup>30</sup> Chule eiho Ama tipuma atibah ho ihive. <sup>31</sup> Pathen Thubun ase i tobang'in, "Pasal in apa le anu adalhah'a, chule ajinua beh ding ahi, chule aniuva khat a kigom khomlhona ahitai." ☆ <sup>32</sup> Hichea hi thuguh kidangtah uma ahi, hinla hichea hi Christa le houbung khat ahina vetsahna ahi. <sup>33</sup> Hijeh a hi avela kasei ahi, pasal khat cheh in amatah akingailut tobanga ajinu chu angailut teiding ahi, chule jinu chun ajipa chu aja ding ahi.

## 6

### *Thua nun chule ngailutna*

<sup>1</sup> Chateho, Pakaiya nahitah jeh uvin nanu le napateu thun nungun, ajeh chu hiche hi thildih

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☆ **5:25** Col 3:19; 1 Pet 3:7    ☆ **5:31** Semtilbu 2:24

boldingdol chu ahi. ☆ 2 Napa le nanu jabolin. Hiche hi thutepto kigoma thupeh amasa ahi. ☆ 3 Nangman napa le nanu najabola ahileh, “nangma dinga thil ijakai hoile pha hung hi ding, chule leiset chung a hi nahinkho sot ding ahi.” 4 Pateho, nachateu chu sasahna nanei nauva kona lunghansahna bol hih'un. Chusangin, Pakaiya kona thununna le thuhilnaa seiletsah jouvin. ☆ 5 Soh ho, leiset a napakai teu phatah a jabolna le ginna neipumin athu uva nungun. Nanghon Christa najen ding bangtah u chun jen un. ☆ 6 Amaho chun navetvet pet bouva hilouvin, phat jousen lunglhaisah un. Christaa sohchang nahijal un, Pathen lunglam chu nalungpum piuvun bol un. 7 Halpel in natongun, miho dinga hilouvin Pakaiya dinga natong hijouvin. 8 Geldoh un, Pakaiyin thilpha bol jeh a, eiho khat khat cheh hi tohman eipeh cheh dingu ahi, soh hihen, achamlhat ah hijongleh. 9 Hitobangma chun pakaiho, nasohteu chu hitima chun bol un. Amaho chu hutum-gihsal bolhih un, nanghon naniuva vana Pakai khat naneiyu ahi geldoh-un chule Ama chun koima maipha avepoi. Pathen Galvon ☆ 10 Achainakeiyin: Pakaiya chule athahat thilbol theinaa chun hat un. 11 Pathen galvon ho jouse kivonun hitia chu Diabol doha tintang ho dounaa nanan jou sohkeina dinguvun. 12 Ajehchu eiho tahsappe le thisanpua (mihem) melmato chun kidouva ihipouve, hinla agilou vaipo hotoh chule

☆ 6:1 Col 3:20 ☆ 6:2 Potdohbu 20:12; Danbu Ni Na 5:16 ☆ 6:4 Col 3:21 ☆ 6:5 Col 3:22-25 ☆ 6:9 Col 4:1; Danbu Ni Na 10:17; Col 3:25



mutheilou vannoiya athuneiho toh, hiche vannoi muthim lah a hattah a thanei vaipo hotoh, chule van munhoa lhagao gilou engse hotoh kidouva ihuive. <sup>13</sup> Hijeh a chu, nikho phalounia melma chu nadou jou theiyuva, nalethuh jouna dingun Pathen galvon chengse panun. Chujongleh gal akichai jouva jong nangho nadindet jom jingna dingu ahi. <sup>14</sup> Nadin nauva chun pang det un, thutah konggah in kigah un, chule tipum chu Pathen chonphatna galvon in kivonun. ✧ <sup>15</sup> Kipana Thupha a kona bulhingset a kigosadema naumtheina dingun chamna chu kengchot in kiseuvin. ✧ <sup>16</sup> Hicheng jouse chungvuma chun, Diabol meikou-thalchangho chu suhmit na dingin tahsan lumdal chu domsangun. <sup>17</sup> Huhhingna chu lukhuh in neiyun, chule Lhagao chemjam Pathen Thu chu panun. ✧ <sup>18</sup> Lhagaovin phat bihnei jousea le thilsoh jousea tao jingun. Limgehchan umjingun chule muntina mithengte ho jouse dingin nataonauva pangdet jingun. <sup>19</sup> Chule keima dingin jong taovun. Pathen in aphant phat cha thuho eipeh a ngamtah a Pathen thuguh Kipana Thupha alunggon chu Judah mite le chidang namdangho jouse ding ahi hi kahilchet theina dingin. <sup>20</sup> Keima Pathen Palai kahi naa, hiche thu kaseiphong jeh'a thihkhaova kihena kahi. Hiti ahijeh chun, Ama dinga kaseiphong dingdola lung ngamtah a kasei jing theina dingin neitaopeh un.

### *Akhumkha taona*

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✧ **6:14** Isa 11:5; Isa 59:17    ✧ **6:15** Isa 52:7    ✧ **6:17** Isa 59:17

21 ☆Tychicus hin keiman ipi kabola chule itobanga kimanchahna kanei ahi thudol bulhingkeiya naseipeh dingu ahinai. Ama hi Pakai natohnaa sopi deitah le kithopipha tahsan umtah ahi. ☆ 22 Ama nahenguva dinga kahinsol lona ajeh hi-nangho tilkhohu ding le keiho ikatiu hetsah ding kagelkhoh u ahi.

23 Kasopi deitahteho, cham-lungmonna in naumpiuhen, chule Pa Pathen le Pakai Jesu Christa chun ngailutna le kitahna napeuhen. 24 Pathen milungsetna chu tonsot'in i-Pakaiyu Jesu Christa ngailuho jouse chungu umhen.

**PATHEN LEKHABU THENG**  
**The Holy Bible in the Chongthu Dialect of India**

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