



Section	Cubs	Last Updated	1 st June 2012
Theme / Month		Length of Activity	1 hour +
Programme Zone	Global		
Title	Hiking across The Gambia		
Summary	A 'shadow hike' across The Gambia, teaching cubs some basic facts about the country.		

Details

Preparation:

Calculate 30 miles (the width of The Gambia)/number of cubs in the pack.

Find a safe walk which measures that distance.

Half way along the walk, set up an obstacle to represent a river which cubs can jump over (for example, some pieces of rope on the ground).

Activity:

Show cubs a map of the Gambia, and make sure they know where in the world it is. Elicit information about the country which you can find out from looking at the map (for example, it's got a funny shape, there's a river running through it, it's got a coast line).

Tell cubs that they are now going to walk across the Gambia. The mileage each one of them will walk will add up to the distance across the widest part of the country, which is 30 miles. Along the way, cubs will 'come across' things they would come across if they were actually crossing the Gambia.

Along the route, stop at safe intervals for the following discussion points:

- 1. A big animal crossing the road! Tell cubs to stop and tell them you just saw a very big animal. Give them clues to guess what animal you saw:
 - It weighs between 1.5 3 tonnes more than a car!
 - It loves the water, and it's dangerous to stand between it and water because it will think you are stopping it from getting to it.
 - They eat mostly grass
 - Their colour is grey-brown with a tint of pink.
 - It gets on well with the crocodile.

Answer: hippo.



- 2. The people you meet. Ask the cubs to raise their hand if:
 - they know anyone over the age of 58. Tell them that if they lived in the Gambia they probably wouldn't. Because of poverty and disease people in the Gambia tend to not live beyond the age of 58.
 - their mums and dads can read and write. If they lived in The Gambia around half of them wouldn't raise their hand. Only 46% of adults can read there.
 - They have spent more than 40p today/this week. If so, they
 have spent the whole daily salary of a person working in the
 Gambia. 40p/day is the minimum salary.
- 3. A farm. Nearly all (80%) of adults who have jobs in The Gambia work on farms. They grow primarily one thing what?
 - It grows under ground, with a low green plant above ground
 - Elephants like it
 - It can be made into a butter
 - You can buy them salted in a packet
 - It goes into M&Ms!

Answer: peanut

4. The river crossing. When you reach the previously set up obstacle, tell cubs that you have now come across the river. There are lots of ferries taking people across it, but here you have to jump!

When you reach the end of the hike emphasise that the cubs together now have walked the whole width of The Gambia – well done!